

BULK HERBS & MORE

We make every effort to offer herbs that are grown locally, organically or are ethically wild-harvested. We select herbs based on quality, so our distributors are subject to change. All our herb prices are listed per ounce, updated quarterly to accommodate seasonal price fluctuations, and are subject to change. Unless otherwise noted, all our bulk items are cut and sifted whole herb.

It is important for your safety to consult an experienced herbalist, your health care provider, reputable books or knowledgeable friends about the appropriate use of any herb. The FDA prohibits the sale of some herbs for human consumption.

SYMBOL KEY

* Available at our State Street location only

OG Indicates an herb that is certified organic.

GWC Indicates an herb that was grown without chemicals.

WC Indicates an herb that was wildcrafted.

C&S Indicates an herb is cut and sifted



341 State St. in Madison
Mon-Fri 10-7:00 Sat 10-6:00
Telephone (608)251-3242
Prescriptions 251-4454



6333 University Ave. in Middleton
Next To Simply Savvy
Mon-Fri 10-6:00 Sat 10-5:00
Telephone (608)310-5390

A

Alfalfa * OG
Medicago sativa
Alfalfa

Angelica Root OG
Angelica archangelica
Raíz de Angélica

Anise OG *
Illicium verum
Anís Estrellado

Ascorbic Acid Powder (Vitamin C)
Acido Ascórbico en Polvo

Ashwagandha Root OG
Withania somnifera
Raíz de Ashwagandha

Astragalus Root Slices * OG
Astragalus membranaceus
Revanada de Raíz de Astrágalo

Astragalus Root OG C/S West Only
Astragalus membranaceus
Raíz de Astrágalo

B

Fresh Bee Pollen *
Pollen de Abeja

Beeswax Beads
Perlas de Cera de Abeja

Beeswax Cakes
Pastel de Cera de Abeja

Berry Immune Tea

Bilberry (Whole) WC *
Vaccinium myrtillus
Arándano

Boneset OG WC West Onlu
Eupatorium perfoliatum
Eupatorio

Burdock Root OG
Arctium lappa
Raíz de Bardana

C

Calamus Root *
Acorus calamus
Raíz de Cálamo

Calcium Ascorbate Powder (Buffered Vitamin C) *
Ascorbato de Calcio en Polvo

Calendula Flower OG
Calendula officinalis
Flor de Caléndula

California Poppy * OG
Eschscholtzia californica
Amapola California

Catnip Leaf OG
Nepeta cataria
Hoja de Catnip

Chamomile *
Matricaria chamomilla
Manzanilla

Chamomile OG
Matricaria chamomilla
Manzanilla

Chaste Tree Berry * (Vitex) OG
Vitex agnus-castus
Baya del Arbol Casto

Chia Seed OG *
Salvia hispanica
Semillas de Chia

Chickweed
Stellari media
Pamplina

Cinnamon Chips OG
Cinnamomum burmanil
Pedazos de Canela

Cinnamon Powder West Only
Cinnamomum verum

Cloves OG *
Syzygium aromaticum
Clavo de Olor

Coltsfoot OG *
Tussilago farfara
Uña de Caballo

Comfrey Leaf OG
Symphytum officinale
Hoja de Consuelda

Comfrey Leaf *
C&S / Local
Symphytum officinale
Hoja de Consuelda

Comfrey Root OG
Symphytum officinale
Raíz de Consuelda

Copal Resin *
Bursera fagaroides
Resina de Copal

D

Damiana
Turnera diffusa
Damiana

Dandelion Leaf OG
Taraxacum officinalis
Hoja de Diente de León

Dandelion Root OG
Taraxacum officinalis
Raíz de Diente de León

Dong Quai Root OG *
Angelica sinensis
Raíz de Dong Quai

Dragon's Blood Resin *
Daemonorps draco
Resina de Sangre de Dragón

E-F

Echinacea Root OG
Echinacea purpurea
Raíz de Echinacia

Echinacea OG
Echinacea purpurea
Raíz de Echinacia

Elder Flower (Whole) OG
Sambucus nigra
Flor del Sauco (Entero)

Elderberry (Whole) OG
Sambucus nigra
Bayas del Sauco (Entero)

Elecampane Root
Inula helenium
Elecampane

Eleuthero Root OG *
Eleutherococcus senticosus
Eleuthero

Eucalyptus Leaf OG
Eucalyptus globulus
Hoja de Eucalipto

Eyebright OG *
Euphrasia officinalis
Eufracia

Fennel Seed OG
Foeniculum vulgare
Semilla de Hinojo

Fenugreek Seed OG
Trigonella foenum-graecum
Semilla de Fenogreco

Frankincense Tears *
Boswellia carteri
Incienso

G

Gentian Root OG
Gentiana Lutea
Raíz de Genciana

Ginger Root (C&S) OG
Zingiber officinale
Raíz de Gengibre

Ginger (candied) OG
West Only

Ginger Root *(sliced) OG
Zingiber officinale
Raíz de Jengibre

WI Ginseng Root Powder*
Panax quinquefolium
WI Raíz de Ginseng

WI Ginseng Root (cut & sifted)
Panax quinquefolium
WI Raíz de Ginseng

WI Ginseng Root (4 year old)
Panax quinquefolium
WI Raíz de Ginseng

XL WI Ginseng Root *
(5 year old)
Panax quinquefolium
WI Raíz de Ginseng

Goldenseal Root OG (powdered)
Hydrastis canadensis
Raíz de Sello Dorado en polvo

Gotu Kola * (C&S) OG
Centella asiatica
Gotu Kola

Guarana Seed*(powdered)
Paullinia cupana
Semilla de Guarana en polvo

H-K

Hawthorn Leaf & Flower OG
Crataegus spp
Hoja y Flor de Espino de Bayas

Hawthorn Berry OG
Crataegus laevigata
Espino de Bayas

Hibiscus Flower Fair Trade / OG
Hibiscus sabdariffa
Flor de Jamaica

Hops Flower OG
Humulus lupulus
Flor de Lúpulo
Horehound OG
Marrubium vulgare
Marrubio

Horsetail (wild) OG
Equisetum arvense
Cola de Caballo

Hyssop OG
Hyssopus officinalis
Hisopo

Juniper Berry * OG
Juniperus communis
Bayas de Enebro

Kava kava Root GWC
Piper methysticum
Raíz de Kava Kava

Kelp (Bullwhip) * whole wildcrafted WC
Nereocystis luetkeana
Alga marina(entera)

L

Lady's Mantle OG *
Alchemilla xanthochlora
Alchemilla (manto de señoras)

Lavender Flower OG
Lavandula x intermedia
Flor de Lavanda

Lavender Flower C *
Lavandula x intermedia
Flor de Lavanda

Lemon Balm OG
Melissa officinalis
Melisa

Lemongrass OG
Cymbopogon citratus
Hierba Luisa

Lemon verbena OG *
Aloysia triphylla
Cedrón

Licorice Root * (sliced)
Glycyrrhiza glabra
Raíz cortada de Regaliz

Licorice Stick *
Glycyrrhiza uralensis
Palitos de Regaliz

**Licorice Root
(cut & sifted) OG**
Glycyrrhiza glabra
Raíz de Regalíz

Linden Flower OG
Tilia europaea
Flor de Tilo

Lobelia OG *
Lobelia inflata
Lobelia

**Lung Tonic
(wildcrafted) OG**
Té Tónico Pulmonar

**Lycium Fruit
(wolfberry)OG**
Lycium chinens
Goji

M

**Maca Root (powder)
OG / Wild / Raw**
Lepidium meyenii Walpers
Raíz de Maca(polvo)

**Maca Root * (powder)
Wild / Raw**
Lepidium meyenii Walpers
Raíz de Maca(polvo)

Marshmallow Root OG
Althaea officinalis
Raíz de Malvavisco

**Marshmallow
Root (powder) West Only**

Meadowsweet CW / OG *
Filipendula ulmaria
Dulce del Prado

Milk Thistle Seed OG
Silybum marianum
**Semilla de Carbo de
Leche**

Mineralizing Tea OG
Té de Minerales

**Motherwort
(cut & sifted) OG**
Leonurus cardiaca
Agripalma

Mugwort WC
Artemisia vulgaris
Artemisa

Mullein Leaf OG
Verbascum thapsus
Hoja de Barbasco

Myrrh Gum *
Commiphora molmol
Goma de Mirra

N-O

Neem Leaf * OG
Azadirachta indica
Hoja de Neem

Nettles Root * OG
Urtica dioica
Raíz de Ortiga

Nettles Leaf OG
Urtica dioica
Hoja de Ortiga

Oatstraw * OG
Avena sativa
Paja de Avena

**Oat Straw
Green Tops OG**
Avena sativa
Paja de Avena Verde

Olive Leaf * OG
Olea europaea
Hoja de Olivo

Orange Peel OG
Citrus cinensis
Cáscara de Naranja

Orris Root (Powder)
Iris germanica
Raíz de Orris en Polvo

Osha Root * WC
Lingusticum porteri
Raíz de Chuchupate

P

Passion Flower Leaf OG
Passiflora incarnata
Hoja de Pasiflora

Pau D'arco * WC
Tabebuia impetiginosa

Peppermint Leaf OG
Mentha piperita
Hoja de Hierva Buena

**Mint Leaf * (Peppermint,
Spearmint) Mentha spp.**
LOCAL
Hoja de Mentas

Plantain * (C&S) OG
Plantago major
Plátano

Q-R

Quassia Chips * WC
Quassia Amara
Cuasia Amarga

Red Clover Blossom * OG
Trifolium pratense
Flor de Trebol Rojo

**Red Clover Blossom
(whole) OG**
Trifolium pratense
Flor de Trebol Rojo

Red Raspberry Leaf OG
Rubus idaeus
Hoja de Frambuesa Roja

Red Rose Petals OG
Rosa Galliana
Petalos de Rosas Rojas

**Red Rose Petals &
Buds * C**
Rosa Galliana
Petalos de Rosas Rojas

Rhodliola Root * OG
Rhodiola rosea
Rhodiola

**Rosebuds *
(whole pink) OG**
Rosa centifolia
Capullo de rosas

Rosehips OG
Rosa canina
Rosa Mosqueta

Rosemary Leaf OG
Rosamarinus officinalis
Hoja de Romero

Rue * OG
Ruta graveolens
Ruda

S

Sage Leaf Dalmation OG
Salvia officinalis
Hoja de Salvia

**SageWhite Incense
(whole)**
Salvia alpina
Salvia Blanca Incienso

St. John's Flowers * WC
Hypericum perforatum
Flor de San Juan

St.John's Wort (C&S) OG
Hypericum perforatum
Hierba de San Juan

Indian Sarsaparilla *
Hemidesmus indicus
Sarsapilla de India

Sassafras *
Sassafras albidum
Sasafrás

Saw Palmetto * WC
Serenoa repens
Palma Enana Americana

Schisandra Berry OG
Shisandra chinensis
Bayas de Chizandra

Scullcap OG
Scutellaria lateriflora
Escutelaria
Senna Leaf OG
Senna alexandrina
Hoja de Sen

Shatavari Root *
(powder) OG
Asparagus racemosus
Raíz de Shatavari

Slippery Elm Bark * WC
Ulmus rubra
Corteza de Olmo
Eslizadiso

Slippery Elm Bark
(powdered) OG
Ulmus fulva
Corteza de Olmo
Eslizadiso

Soap Nuts * WC
Sapindus mukorossi
Nueces de Jabón

Spearmint Leaf
(C&S) OG
Mentha spicata
Hoja de Menta

Spirulina Powder * OG
Spirulina plantensis
Espirulina en Polvo

Stevia Powder * OG
Stevia rebaudiana
Stevia (polvo)

Stevia Leaf * OG
Stevia rebaudiana
Hoja de Stevia

Sweet Annie * Local
Artemisia Annua
Artemisia

T-Z

Thyme OG
Thymus vulgaris
Tomillo

Triphala Powder OG
Polvo de Triphala

Tulsi (holy basil)
Ocimum sanctum
Tulsi (Albaca)

Turmeric Root
(powdered) OG/FT
Curcuma longa
Raíz de Túmeric (Polvo)

Uva Ursi * OG
Arctostaphylos uva-ursi
Uva Ursi

Valerian Root OG
Valeriana officinalis
Raíz de Valeriana

Violet Leaf * WC
Viola Sp
Hoja de Violeta

White Oak Bark * WC
Quercus alba
Corteza de Roble Blanco

White Willow * WC
Salix alba
Willow Blanco

Wild Cherry Bark WC
Prunus serotina
Corteza de Cereza
Silvestre

Wild Yam OG
Dioscorea villosa
Batata Silvestre

Witchhazel *
olmo escocés
Hamamelis

Wormwood OG
Artemisia absinthium
Ajenjo

Yarrow Flower WC
Achillea millefolium
Milenrama Flor y Hoja

Yarrow Flower OG
West Only
Achillea millefolium
Milenrama Flor y Hoja

Yarrow Flower & Leaf *
WC / Local
Achillea millefolium
Milenrama Flor y Hoja

Yarrow Flowers *
WC / Local
Achillea millefolium
Milenrama Flor y Hoja

Yellowdock Root OG
Rumex crispus
Romaza

Yerba Matte Roasted *
OG
Ilex paraguariensi
Yerba Mate Tostado

SHEA
BUTTER
Shea Butter (unrefined)
Cert.Fair trade
Butyruspermun parkii

HENNA

Auburn *
Henna Castana

Brown *
Henna Marron

Mohogany *
Henna Caoba

Neutral *
Henna Neutra

Red *
Henna Roja

SALTS

Alder Smoked Sea Salt *
Coarse

Hawaiian Red Sea Salt *
Coarse

Kala Namk Mineral Salt *
Fine

Gray Sel- Sea Salt *
Fine

Natural Mineral *
Rock Salt

Sea Salt
Coarse